

Fitness Center Sea and Nature

World Massages





The Body Boutique Phytomer

# Regain Well-Being and Serenity

# HOTEL VILLA BORGHESE \*\*\*\*

Avenue des Thermes 04800 GREOUX-LES-BAINS 204.92.78.00.91 Fax : 04.92.78.09.55 www.hotel-villaborghese.com villa.borghese@orange.fr

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#### OUR PRODUCTS

Well-Being Thanks the Sea : Phytomer Sea Actives Products

<u>Well-Being Thanks to Nature</u>: Lavender Flowers, almond, essential oils from Aroma Zone, Green Clay, Rassoul Clay, Shea Butter ; **Sultane de Saba** Products

Natural products, some of them organic farming, are used in most of our cares

#### OUR RITUALS

<u>"Rituel Polynésien"</u> Body massage with warm shea butter, Tiare flower, Lomi-Lomi technics and hot stones

<u>"Rituel Indonésien</u>" Pijat Kepala (Indonesian Hair & Face Massage) and deep body massage <u>"Rituel Soleil d'Orient</u>" Shea Butter Wrap, Tonic Ayurvedic Massage with Oriental Scents <u>"Trésor Balinais</u>" Complete Body Treatment

Exfoliating Body Scrub and Tonic Body Massage with Warm Shea Butter and Frangipani Flower oil <u>"Trésor des Mers"</u>

This Draining Massage combines the Full Body Relaxation and the Mineralizing Benefits of Marines Assets <u>Phytomer</u>

<u>"Trésor Provençal"</u> Body and Face Care with Lavender, Massage with Warm Bolus Lavender Flowers <u>"Massage aux Bambous"</u> Deep Massage with Bamboos to Reduce Stress and Tiredness

#### OUR RITUALS

"Perle du Japon" Tonic Massage inspired by the Shiatsu with Lotus and Neroli Oil

<u>"Rituel Aromatique"</u> Complete Detoxifying Treatment with Lavender Bolus and Essential Oils : Exfoliating Scrub and Relaxing Massage

<u>"Rituel Thé Glacé"</u> Fresh Body and Face Treatment, Green Tea and Cold Gel Wrap, followed by Draining Facial Massage and Cold Stones

<u>"Rituel 1001 nuits à l'Or"</u> Face Care (Cleaning, Scrub, Massage), <u>La Sultane de Saba</u> products for a Shinning Skin, and Relaxing Body Massage with Oriental Smells and Shea Butter

<u>"Rituel Terre d'Orient"</u> Man Care with Rassoul and Warm Shea Butter with Back Scrub, Body and Scalp Massage

#### OUR RITUALS

<u>"Voyage Délices d'Oranger"</u> Rassoul Clay Wrap, Express Facial Treatment, Body and Facial Massage

"Voyage dans les Iles" Body, Face and Hair Treatment

A silky-smooth exfoliating Massage, and a Complete Body and Facial Massage with Shea Butter and the Tiaré Flower

<u>"Voyage Ancestral"</u> Man Care with Sugar Scrub, Shea Butter Wrap and Massage with Ancestral Oil

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<u>Nourishing Facial Massage</u> With Argan Precious Balm <u>Express Facial Treatment</u> Cleaning, Scrub and Mask <u>Draining Facial Massage</u>	15 mn - 25 € 25 mn - 45 € 25 mn - 45 €
Essential Facial Treatment Cleaning, Scrub, Steam Water, Massage and Mask	45 mn - 55 €
<u>Villa Borghese "Signature</u> " A Special Ritual with Rose, Draining and Nourishing Facial Massage	1h00 - 65 €
Phytomer expertise adapted to your skin : Phytomer Treatment Anti-Aging or Hydrating or Purifing Care	1h00 - 65 €
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<u>Complete Phytomer Treatment</u> Firming and regenerating treatment completed 1h30 - 95 € by an auto-heating sea mud application on the spinal column and a hot stone massage

#### 1h10 - 105 €

1h40 - 135 €

## BODY AND HAIR TREATMENTS

<u>Body Scrub with Sea Crystals, or Lavender or Monoï Salt</u>	25 mn - 45 €
Followed by a Body Lotion	
Back Massage Relaxing Massage with Essential Oils	25 mn - 45 €
<b>Body Massage</b> Relaxing or Tonic Massage with Essential Oils	45 mn - 58 € 1h - 70 €
<u>"Perle d'Indonésie"</u> Deep and Relaxing Body Massage with Tropical Flowers Oils <u>"Perle de Provence"</u> Relaxing Body Massage with Warm Lavender Bolus <u>"Perle d'amandes"</u> Relaxing Body Massage with Almond Essential Oil	45 mn - 68 € 45 mn - 68€ 45 mn - 68 €
<u>Hair Massage</u> <u>Hair Mask</u> Mask and Massage with Rassoul or Shea Butter <u>Pijat Kepala</u> Indonesian Deep Face, Hair and Neck Massage	15 mn - 25 € 25 mn - 45 € 25 mn - 45 €
<u>Light Legs Treatment</u> Deep Massage with Essential Oil and Gel Cryotonic Wrap	45 mn - 60 €
<u>Relaxing Legs Treatment</u> Exfoliating Scrub, Foot and Leg Massage with Essential Oils	45 mn - 58 €
Hot Stones Massage Face and Body Massage with Hot Stones and Essential Oils	1h00 - 90 €
<u>Reflexology Foot Treatment</u>	1h00 - 72 €
<u>"Rêve Indien" Massage with ultra-moisturizing hot shea butter</u>	45 mn - 68 €
Body Lotion Body Massage with Body Milk Hydrating and Nourishing	25 mn - 45 €

## WRAPS, BATHS and SLIMMING CARES

<u>Detox Gel Wrap</u> Detoxifying, Regenerating or Contouring <u>Rassoul Wrap</u> Cleanser and Moisturizer <u>Shea Butter Wrap</u> Nourishing and Softening Skin	25 mn - 45 € 25 mn - 45 € 25 mn - 45 €
<u>Green Clay and Essential Oil Body Treatment</u> Mineralizes and relaxes the painful parts of the body. Wrap, or 5 cataplasms placed on inflamed areas	40 mn - 55 €
<u>Algae or Essential Oils Bat</u> Hydro-Massaging Bath with Multi-Jets, bringing Well-Being and Relaxation	25 mn - 45 €
<u>Sea Mass'Active Massage</u> Subdermal Tissue Massage with Active Slimming Principles	45 mn - 60 €
Essential Slimming Treatment Heated Gel Wrap followed by a Slimming Massage	1h00 - 85€
<u>Cellulite Treatment</u> Includes 2 wraps and a subdermal tissue massage	1h20 - 115 €
<u>Aesthetic Manual Drainage</u> Stimulates circulation and encourages lymphatic circulation	45 mn - 60 €

<u>Coaching session</u> Explanations about Slim-Data Method

1h00 - 60 €

	WAXIN	G and VA	RIOUS S	SERVICES		
½ Legs Entire Legs Arms <u>Sauna</u> : 20mn One person 14 € / Two people		≟ Legs Complete b	l	Lips or Chin or Eyeb	Armpits or Bik	ch 12€
<u>Group Lesson</u> : (Aquagym, Se One session 25 € / Three ses		, Tonic Wake	e-Up, Jacob	oson Relaxation)		
		HANDS /	FEET			
<u>Relaxing Massage Hands or</u> <u>Feet or Hands Treatment</u> E. <u>Manicure</u> <u>Feet Care</u> <u>Prestige Hands Treatment</u> <u>Prestige Feet Treatment</u>	xfoliating S Hands Tree	itment and A	Manicure	n Oil and Relaxing M	lassage 25 n 30 n 45 r 1h0	nn - 25 € in - 45 € in - 30 € nn - 35 € 00 - 55 € 00 - 65 €
Nail Polish Application Hana	ls or Feet					7€
PACKAGES						
<u>3 Cares Package</u> A Bath or Wrap + a Back Mas	sage or Boo	dy Scrub + E	ssential Fa	ce Care		130€
<u>Mini-Cure (Over 2 days)</u> Two Baths or Wrap followed (Complete aesthetic body ma	by two Bac	k Massage of				160€
<u>« L'Instant Zen » (for two</u> For One Person : A Body Mas For The Second Person : A Bo	<b>persons)</b> sage and an	Essential F				218 €
Complete Cure Two Baths, Two Wraps, a 1 h treatments : Two 25mn treat	our ritual to	o choose and	four treat	ments to choose in	the Body	420€
Special Back Care (Over 2 of A Green Clay and Essential O	days)			e, and the "Perle de	e Provence"	150€
<u>« Cure Harmonie »</u>	·	·	-			370€

1 « Perle de Provence », 1 « Trésor Balinais », 1 « Rituel Soleil d'Orient », 1 « Rituel Polynésien », 1 « Perle d'Indonésie », 1 Group Lesson

Slimming or Cellulite Cure

11 treatments - 3 days 415 € / 20 treatments - 5 days 619 € / 23 treatments - 6 days 659 € (Explanations at the Reception)

<u>Customized packages on request</u>

Low-calorie menu supplement (to be booked in advance)

With a full-board stay, supplement of 55€ the first week, then 35€ per week With a half-board stay, supplement of 35€ the first week, then 25€ per week

Any treatment not cancelled 12 hours cannot be refunded. It will be rescheduled or replaced according to our planning.

Price list edited on 13/11/2017